Purpose: To establish the AAS SOP for the Packing List for the Air Assault Course.

- 1. Fort Polk, G-3, Schools determines unit allocations to all courses offered at the Air Assault School.
- 2. The following procedures are in effect:
 - A. Attendance memorandums will be submitted directly to G-3 Schools. Memorandums requesting slots for any course offered will have a <u>complete</u> standard name line (Rank, Last Name, First Name, M.I., SSN, and UNIT (to company level).
 - B. Memorandums by MSC's and separate battalions with additions or deletions of school candidates must be submitted, by the Unit Schools' NCO, in person or by FAX @ -5093 to G-3 Schools NLT than 4 working days prior to Zero Day. Soldier's not present during Zero Day processing will be recorded as no shows.
 - C. The Company/Troop Commander or 1SG will sign the Commanders Memorandum for attendance.
 - D. Late substitutions for soldiers already submitted will be approved/disapproved by the G-3 Schools.
- 3. The following applies to the Air Assault Course:
 - A. The maximum student load is 150; recycles will be accepted back into AAS after coordination with Air Assault School, Operations, on a first-come, first-serve basis as space allows.
 - B. Zero day formation will start at 0530, in the parking lot adjacent to Bldg. 3712. The uniform is the AAS uniform with all required items on the packing list. Soldier's not physically present in the formation with all required items on the packing list, once the AAS NCOIC begins roll call, will not be admitted. See attached packing list for required equipment and inspection criteria.
 - C. Soldier's uniforms and appearance will comply with AR 670-1 and AR 600-9. Soldier's reporting in an unserviceable uniform or whose appearance does not comply with AR 670-1 or AR 600-9 will be dismissed from the course.
 - D. The AAS NCOIC will not answer questions concerning a student's failure to achieve the standards or reason for not being admitted into the course until completion of **all** Zero Day procedures.
 - E. During Zero Day, unit representatives are <u>not</u> authorized in the Air Assault School Compound until the Air Assault Candidate has been released from training.
 - F. No unit representative is authorized on the obstacle course. A designated area has been set up for visitors (ie. Commanders, CSM's and 1SG's). Visitors may observe from that point, however, if any comment or gesture is deemed offensive or disrespectful to the soldiers or AAS cadre, and/or any action observed or overheard, that distracts the student from achieving the course standards, they will be asked to leave.
 - G. No unit representative is authorized anywhere along the two mile run route. The visitors are only authorized to observe from the Start/Finish point. This area will be designated by AAS cadre. Should a unit representative be observed on the route, approaching, or making physical contact with a runner, that runner will be dismissed from the course.
 - H. During the conduct of the Air Assault Course, to include graduation day, no unit representative is authorized to run or footmarch with any soldier nor are they authorized along any routes. The representative is authorized to observe at the Start/Finish point, which will be designated by the AAS cadre. Failure to comply will result in the student being dismissed from the course.
 - I. There are no facilities for showering, billeting or dining available in the Air Assault School Compound.

- J. Soldier's that display any sign of disrespect toward AAS cadre or other soldier's will be dismissed from the course.
- K. Soldier's who show an obvious lack of motivation, fail to follow instructions, or refuse to train will be dismissed from the course.
- 4. Recycles will report on the following days and times:

Phase IReport on Zero Day at 0530 hours.Phase IIReport on Day 3 at 1300 hours.Phase IIIReport on Day 6 at 1300 hours.Foot MarchReport on Day 9 at 1300 hours.

Recycles will report to Bldg 3712 with their drop slip and all required items on packing list. If a student does not have a drop slip and all required items, they will not be admitted into the course. It is the unit and soldier's responsibility to contact the AAS to find out what dates these days fall on. Recycles have 6 months from the Drop Date to recycle back into AAS. After 6 months, they must start over at Zero Day.

- 5. Soldier and Unit Responsibilities:
 - A. It is the units responsibility to insure the soldier is prepared to attend the course. All information concerning the Air Assault School can be attained through your unit training NCO.
 - B. During Zero Day inprocessing, the soldier will be briefed concerning when to report to school and the approximate times they will be released from training. The student leadership may choose to meet earlier to prepare for inspections.
 - C. The unit will provide MRE's for the soldier. Soldiers will be notified in advance when a meal is required.
 - D. Soldier's must have passed the APFT IAW FM 21-20, <u>Physical Fitness Training</u>, using the soldier's age group, within 30 days of Zero Day. Soldiers must also meet the height and weight requirements IAW AR 600-9.
 - E. IAW the AAS POI and CMP, all soldier's 40 years old and over must have a statement, on their Commanders memorandum, confirming that a current physical is on file (within the last 12 months), and is medically cleared to participate in Air Assault training by a Medical Doctor.
 - F. Soldiers must not have any physically limiting profile that would limit participation in any training.
 - G. The soldier is not flagged or pending adverse action.
 - H. Soldier is exempt from all duties, appointments, and events while attending AAS.
 - I. Soldiers must pass AAS Entry Test administered on Zero Day by the Cadre (Equipment Inspection, Obstacle course, and 2 mile). In the event of inclement weather, the Standard Army APFT, IAW FM 21-20, will be administered in place of the obstacle course.
 - J. The Commanders memorandum will be in the soldier's possession on Zero Day. If a candidate does not have the Commanders memorandum, he will not be admitted to the course. An example of the Commanders memorandum is attached. Any attempt to white out, and/or add information will not be accepted. Soldier's will not be admitted if any information is missing or incorrect.
- 6. Packing list criteria:

- A. The following packing list is mandatory for all personnel attending the Air Assault School or Rappel Master Course.
- B. Soldiers will be inspected along with the required items on Zero Day. Soldier's missing any item will be dismissed from the course. Soldier's with unserviceable equipment will have until Day 1 of the course to replace the unserviceable equipment or be dismissed from the course. This does not include the BDU's or field jacket.
- C. Soldier's uniforms and appearance will comply with AR 670-1 and AR 600-9. Failure to comply will result in dismissal from the course. The NCOIC will decide if a soldier's haircut is faddish. If deemed faddish, the soldier will have until Day 1 of the course to take corrective action or be dismissed from the course. Uniforms will not be excessively faded or have holes. This includes the additional uniform in the rucksack. Soldier's reporting in an unserviceable uniform or whose appearance does not comply with AR 670-1 or AR 600-9 will be dismissed from the course.
- D. No civilian clothing is authorized. This does not include the civilian running shoes required on the packing list. If a soldier is found wearing any civilian clothes, they will be dismissed from the course, (underwear, briefs, boxers, panties, brazier, etc., are the only authorized civilian attire).
- E. No soldier is authorized to wear earrings, nipple rings, tongue rings, belly button rings, etc. Soldier's found with any body pierce in which a ring or stud is found will be dismissed from the course.
- F. The only ring authorized, but not recommended for wear, is a wedding ring or band. Due to the nature of the training, rings should not be worn. At times you will be required to remove them and the Air Assault School will not be held responsible for the loss of any item.
- G. Soldier's who wear eyeglasses <u>must</u> wear a retention band on their glasses at all times. Civilian eye glasses are authorized for wear. If the NCOIC deems them to be faddish or unsafe, the soldier will have until Day 1 of the course to replace them or dismissed from the course. Contacts are authorized, though not recommended, provided the soldier has a pair of regular eye glasses readily available at all times.
- H. All soldiers should wear a watch. This is not an inspectable item, though highly recommended.
- I. Religious medallions may be worn on a separate chain, IAW AR 670-1.
- J. All canteens will be filled with fresh water at all times.

7. Air Assault School Packing List:

- A. <u>BDU's</u>, 2 sets, with nametape, US Army tape, unit patch, and rank. Rank may be sew on or pin on. One set worn, the additional set packed in the rucksack. The additional uniform will have name tapes, patches, rank.
- B. <u>Boots, Army issue,</u> 2 pr., one pair worn; the additional pair packed in the rucksack. No Corcorans, Hi-techs, Korean, German specials, or any boots with a slick sole are authorized for wear. (Jungle boots are authorized for wear).
- C. Gortex Jacket with Polypropylene top, 1 ea, with rank, OR, Field Jacket with liner, 1 ea, with rank, name tape, US Army tape and unit patch. Rank may be sew on or pin on. Packed in the rucksack
- D. Ear plugs, 1 set, with case and chain.
- E. <u>Identification tags</u>, 1 set, with long and short chain and the Army Values tag. No "550" cord sleeves, tape, rubber sound guards, or any other items are allowed on the ID tag chains; except medical alert tags, and the Army Values tag.
- F. Gloves, black, leather, 1 pr., Army issue.
- G. <u>LBE or AV</u>, worn, with 2 one quart canteens, (canteen cups are not required), 2 ammo pouches, 1 first aid case with **serviceable** dressing.
- H. Waterproof bag, 1 ea., packed in the rucksack.
- I. Socks, wool, cushion, 5 pr., 1 pair worn, 4 pair packed in the rucksack. Black or green, Army issue.
- J. <u>Inserts, glove, wool,</u> 2 pr., Green or Brown, Army issue.
- K. OD Brown T-shirt, 5 ea., 1 worn, 4 packed in the rucksack, Army issue.
- L. Kevlar Helmet, 1 ea., worn, with camouflage cover removed.
- M. Poncho Wet Weather, 1 ea., packed in the rucksack.
- N. **M-16 rifle sling,** 1 ea., with 2 ea sling keepers, packed in the rucksack.
- O. **ID Card,** DD Form 2A, on person.
- P. Reflective Strap, 1 ea., PT, fluorescent yellow, orange, or color issued by unit supply, packed in the rucksack.
- Q. Notebook, with pen (black ink), pencil (No. 2), 1 ea. of all, packed in the rucksack.
- R. Foot powder, 1 ea., must be Anti-Fungicide, packed in the rucksack.
- S. **Rucksack**, large, 1 ea., properly assembled, with frame and all straps, Army issue.
- T. **Running shoes**, 1 pr., No basketball shoes, deck shoes, boat shoes, etc. All running shoes subject to approval by the NCOIC AAS, packed in the rucksack.
- U. <u>Clipboard</u>, 1 ea., approximately 81/2 in. x 11 in., packed in the rucksack.
- V. Black Cap, PT, 1 ea., packed in the rucksack.
- W. Meal, Ready to Eat; MRE, 2 ea., unopened, packed in the rucksack.
- X. Belt, black, web, 1 ea., worn, subdued open face buckle, Army issue.
- Y. Commander's Memorandum, 1 ea., in hand.
- Z. **Trash bag**, 1 ea., small, packed in the rucksack.
- AA. Flashlight, 1 ea., civilian or military, with batteries, must work, packed in the rucksack.
- BB. Air Assault handbook, 1 ea., issued by AAS Cadre during in-processing.

<u>Note 1</u>: No unit representative is authorized to speak with or supply any student with missing items of equipment during the Zero Day inprocessing procedures. Any unit representative found speaking with or supplying a soldier with missing items of equipment during the Zero Day inprocessing procedures will be removed from the area and the soldier will be dismissed from the course.

<u>Note 2</u>: The packing list is subject to change based on the weather during the course (after zero day procedures are completed). The AAS Cadre will put out any and all changes as necessary.

<u>Note 3</u>: Students will report wearing Kevlar (camouflage cover removed), BDU's, Combat Boots, LBE/AV, 2 qt. canteen worn, draped from left to right over LBE or AV, rucksack, Commanders memorandum in hand, ID Tags worn around the neck, ID card in possession.